

Are You a Parent, Adoptive Parent, Kinship Parent, or Foster Parent?

Is your pre-teen or teen struggling with depression, anxiety, or other intense emotional difficulties? Are they getting into trouble or having severe behavioural difficulties?



Available in your community.



is an evidence-based 10-week attachment-based program that helps parents support youth ages 8-18 years, delivered **in-person** or **online**.

www.connectattachmentprograms.org

Coming soon, January 2024. Start date TBC.

Sessions will be delivered virtually/online.



Contact **Dana Hamblin** to inquire or register.



250-305-4487



dana.hamblin@cmhacariboo.org

